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867 Correction of bad behaviour, even if thoughtless or careless, was just as often carried out by older children as by
[123] adults. I used to hold a 'children's hour' now and then round the fire in my compound, or a honey party if I had been given some wild honey. These occasions were open to all and were enthusiastically organized by the older children of leading Ngoni families. They pushed the children into some sort of order, whether sitting or standing, or marching round the honey-pot to stick one finger in and lick it as they passed. When we were sitting round the fire there was always due regard for family ranking, the places immediately on my right and left being the places of honour. Children of non-Ngoni families were sharply rebuked if they failed to respond to my greeting or say farewell, and shyness was never admitted as an excuse. Scathing remarks were dealt out to any who did not say the correct formal thanks for the honey. 'You, fellow-villager, you are with the Ngoni now. Say "thank you" to the lady or she will think you are a wild animal from the bush, unable to speak.' Bad behaviour was not only corrected
867 by adults with beating and rebukes. Sometimes the more
● 538 indirect form of a proverb was used, especially to correct unkindness, lack of generosity, boasting or bragging. When someone said with biting emphasis: 'Strength breaks the handle,' it was enough to deflate a young (or an old) braggart. When children plagued their elders to give them something, they rounded on the children with: 'Give! Give! that is to snatch. The child of a free man only gives.' This was invariably effective with Ngoni children who hung their heads in shame at the very idea of being thought the child of a captive. Proverbs, except ones like those quoted which were very often used, were generally enigmatic, and the meaning was hidden rather than obvious. In a mixed gathering of children and adults, a proverb might suddenly be dropped like a stone into a pond. The conversation rippled away into silence, and the boy or girl who had refused to share some peanuts or had been boasting began to wonder

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to himself: 'Can that be for me? No? Yes? It *is* me. I am ashamed.' No one said anything but the shamed one took the first chance of slipping away to avoid further public notice. The use of proverbs in this way were an effective way of making a child learn for himself and apply the lesson; and with children, as with adults, the use of proverbs was a way of 'saving face' when a direct rebuke in the presence of others would have caused overwhelming shame.

Ngoni ideas about nature and nurture

This fixed code of social behaviour between persons was instilled by Ngoni adults into their children from their early years. By the time they had their second teeth, a significant stage to the Ngoni, they were expected to conduct themselves towards other people according to this code. Their behaviour, in public at any rate, should be predictable, if those responsible for the teaching of 'respect' had carried out their task conscientiously. But, as the Ngoni themselves recognized, it was one thing to have a system of training with a desired goal in view. It was another thing to see how each individual child responded to the training, and either conformed to the code or resisted it. The Ngoni thought that the clue to conformity or resistance lay in the individual's character, and they talked a great deal about the character of their children. Such conversations generally arose when adults were watching a group of boys and girls carrying out a socially required or self-appointed task. They might be bringing back the cattle in the evening, practising for the *ngoma* dance, grinding bulrush millet for snacks for the little children, asking each other riddles or telling a story. Some of the tasks called for intelligence, some for physical strength, some for initiative or organizing ability, some for eloquence.

Character, so the Ngoni thought, came from two sources, inborn qualities and acquired qualities. The first they called *mabadidwe*, literally those things which an individual was born with. These included physical resemblances to their

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mother's household if the mother showed obvious signs of being a 'bad character'. They might take the child away and put her with some relative of acknowledged 'good character', in the hope of offsetting the effects of heredity by careful training.

In later childhood and especially on the threshold of adulthood, as we shall see in Chapters VI and VII, boys and girls were expected to learn and practise traditional Ngoni skills and to be conversant with traditional Ngoni knowledge. Skills and knowledge, or rather the ability to use them, might be inherited from a parent, but they were generally regarded as acquired qualities. In any case, they needed careful training and direction in order that they might be fully developed.

Ngoni cultural values

After the Scottish Mission had been in North Nyasaland for some time, and the Bible and other Christan literature had been translated into the vernacular, Bunyan's *Pilgrim's Progress* became one of the most popular and widely read books in Ngoniland, both by older children and by adults. The reason was that its imagery portrayed so many ideas and situations which the Ngoni recognized as being relevant for them in the new world to which they had to adapt themselves. It became for Ngoni Christians, and for many others too since it was told far more often than it was read, a new kind of folk-tale, and was told as such to children in school and in the villages. The themes of striving towards a goal, and fighting lions and giants on the way, and listening to good advice as well as hearing bad—these and other themes were recognized as in the Ngoni tradition although in such a different setting.

In the final chapter of this book we shall talk about personality and character among the Ngoni, looking at the ideas of basic personality as set out by Linton and others, and trying to see how training at different stages of childhood had been converging towards the ideal personality of the Ngoni

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after the age of four or five, when they might become aware that intercourse was taking place. From this age, when the Ngoni said 'they will now begin to see things and to ask questions', they went to sleep either with a widowed grandmother or senior helper.

During the 'dark half of the month' and in the rains, most people went to bed soon after dark and little children got a long sleep. When the moon was bright, and in dry weather, the whole village was astir, walking around, dancing, talking, visiting. Little children tagged round with their older sisters or nurse girls, and if they were sleepy were either picked up and carried, or put in the hut to sleep on their mat, provided there was no fire burning into which they could fall. During the day, especially in the hot weather, children dropped off to sleep just where they were, on the veranda, under the platform, or in some other shady spot.

It was just before bedtime, in the grandmother's hut, that traditional folk-tales were told, round the last flickers of a wood fire. Sometimes a child dropped off to sleep before the story was finished. Someone either took him on her lap, or dumped him on his mat and covered him up.

This acquiring of habits, directed consciously by adults, was designed to give the child increasingly a sense of being part of a community which had certain standards of behaviour. There were, in this training, some prohibitions which a child was expected to observe as soon as he could walk and talk. The most stringent was on any form of sex play between boys and girls. To avoid any likelihood of this, little boys and girls were early encouraged to form separate play groups. The elders kept an eye particularly on the boys, and if they showed any inquisitiveness in their play about the private parts of a girl playmate, they were beaten and reproved and told: 'If you do this again, I shall tell your father.'

Many little boys and girls up to the age of four or five ran about naked, but in leading Ngoni families they wore a scrap

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572 than dissolved. The element of secrecy in the confidence exchanged gave the girls a much-needed sense of privacy, and the freedom of being able to say anything to the friend was a relief from the constant guard on speech and manners.

535 The girls had dance-groups, and practised dancing in or
571 near a compound. Each group had an 'owner' who called the others together and organized the dancing. These were several dance-groups, in contrast with the boys' single group,
[578] and the girls' groups were often rent by internal quarrels, leading to splits in the groups.

865 The dance-groups, and other little knots of girls, often had violent quarrels in which all their latent aggression came to the surface. They shouted at each other, scratched each other's faces and burst into tears of anger and frustration. If senior Ngoni women were around when these scenes took place, they generally broke in and rebuked the 'owner' of the group and sent them all home. Sometimes they deliberately turned their backs, leaving the girls to fight it out among themselves, or hoping the 'owner' would restore order. The senior women, rather unobtrusively as a rule, kept an eye on the girls in their dance-groups and at other times, and were adept at summing up their characters and looking out for signs of leadership and of ability to control others.

157 One type of leadership was often shown when a girl collect-
● 538 ed younger children together, for singing, games or for tell-
555 ing stories in a recitative form with a refrain in which the others joined. There was a certain kind of skill in reciting these stories, recognized alike by the children listening and by adults watching from a distance. The Ngoni believed that this skill was due to a gift for eloquence, not so far removed from the eloquence of the man who chanted the praises of the chiefs, or the man who composed his own songs. This eloquence was said to come 'from the chest'. Ngoni men and women passing a group of children spellbound at the recital of a story would say: 'Ha! look at that one. She has that which is of the chest—real eloquence.'

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As we saw in Chapter VII ignorance of the law was no excuse for breaking the law, and the positive virtue of being law-abiding was constantly emphasized in families, villages and in the kingdom generally. Inherent in showing respect and being obedient and law-abiding was the much stressed quality of self-control. Early travellers remarked on the restrained, dignified and courteous behaviour in Ngoni villages, which was my experience also, and especially in the vicinity of leading Ngoni families. This kind of self-control was taught as we have seen in a great variety of contexts, from avoiding greedy and noisy eating as young children to putting up with being ordered about in the boys' dormitory, and from the insistence on the decorous forms of greeting and thanks to the suppression of any overt fear or pain at the puberty ceremonies.

Two other qualities were emphasized in child training since they were expected of all Ngoni people in inter-personal relations. One was generosity in sharing anything that a person had. It was a quality demanded of everyone, from the small child who was made to unclench his fist in which he was hiding three ground-nuts and give two of them to his fellows, to the big chief whose duty at a feast was to see that everyone had enough and to send food from his own portion to anyone who looked hungry. A number of proverbs called attention to the value of generosity and to the social attitude towards meanness, which was felt to be despicable. 'If you do not play with other people the grass will grow round your hut' implied that isolation and social ostracism would be the retaliation to a mean man. The reciprocal element in generosity was always implicit in the teaching and the practice and was illustrated in the proverb, often said hopefully by visitors when hospitality was not very readily forthcoming: 'I have sent my food basket to someone; the basket will return to me.'

The other quality was the conventional display of sympathy, especially at times of mourning for the dead, but also on occasions of severe loss, such as cattle dying, or illness or

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accident. These visits and expressions of sympathy could not be omitted without grave social disapproval. If a young man or woman was absent from the village at the time of death or loss, their first duty on returning was to go and express sympathy with the sufferer. To assist in these condolences so that the speaker and the hearer would readily understand each other, proverbs were used such as: 'If the pot is broken it is broken indeed,' and, 'When water is poured out it cannot be gathered up.' The Ngoni disliked the noisy and unrestrained forms of mourning which they saw among the people round them. To them the quiet visit and the note of resignation in the proverbs used fully conveyed the sympathy they wished to express.

All through the later stages of training children and young adults the importance of speaking well was emphasized. This at first referred to correct language and being audible but not noisy. Later, as we saw in Chapter VII, the art of speech was held up as a Ngoni characteristic, and many proverbs brought this out in ordinary conversation as well as on more formal occasions such as giving evidence in the courts. When a group of people, generally women, kept up a continuous meaningless chatter, onlookers, generally men, shrugged their shoulders and said, 'They are preparing meat without salt.' When a person talked on and on about a matter which was being discussed without getting to the point, impatient listeners, or the councillor in the law courts said: 'Your wisdom is like mushrooms which come after the cooking is finished,' or, more scathingly, 'You are the feet of a centipede' which wander aimlessly with many steps but no direction. Proverbs were not always a form of rebuke; they could also be a commendation. When a person brought out clearly the point of an argument the listeners said, 'You have rung a little bell'; and when after a prolonged discussion or the hearing of a case in the courts the audience accepted a decision as conclusive and just, they said, 'The upper and the lower teeth meet together.'

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wife. We have talked in Chapters IV and VII of her duties in organizing food supplies, supervising cooking, and that supreme test of competence: dividing out the food so that all had a fair share. The same high standard of skill was expected in the general care and supervision of the compound, the children and the household staff. Ngoni women, like their menfolk, were proud of being able to supervise other people and organize life around them, to control others satisfactorily, to hear complaints and to pacify quarrels. The proverb 'The tooth laughs to no purpose', meaning that angry people show their teeth but with no merriment, was often heard when Ngoni women intervened to stop two quarrelling girls or to prevent an irate helper getting angry with the nurse girls.

The traits of justice and wisdom were important elements in the foundation of a Ngoni married woman's reputation. These were judged by her ability to allocate fair shares of food to servants and helpers, and to adjudicate wisely in women's disputes. Two proverbs referred particularly to dividing out food and were said about women who were either careless or stingy, and did not give their helpers a fair share. 'The finger-nails are surfeited' meant that the important people had eaten heartily without thought for others; and 'She has sliced one side only' had the same connotation, that those who had the supplies were keeping too much for themselves. Two other proverbs drove home this principle of *noblesse oblige* when emphasizing the responsibilities of married women: 'The elephant is not made heavy by its trunk,' and 'If the cows do not produce milk the herdsman is responsible.'

The ideal personality of Ngoni men

As we have just said, there was a definite personality pattern for young men whether married or not, which emphasized special qualities looked for in them, since on the whole they had relatively little authority or responsibility in village

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affairs. Boys and young men were expected to be physically strong, and tough in the sense of being able to do hard tasks, walk long distances, dance for hours on end, and put up with hardships without grumbling. The senior men, as we saw earlier in this chapter hated to see idleness and set great store by young men working hard and persistently at any tasks undertaken. Several proverbs illustrated this quality and were used with effect when boys were found hanging round in the village doing nothing: 'Loitering eats the owner,' 'Laziness is eating dung,' 'The garden will not be tilled if you stop hoeing it.'

Other qualities desired in young men were all connected with the values of staying together as a family and as a village group, and of fostering mutual aid and trust within the groups of males in the dormitory and in the 'house'. It was believed that they ought to be acutely sensitive to the opinion of their contemporaries, a lesson which they learned from early days in the dormitory. To an insensitive person, showing intolerance and hard-heartedness they said: 'Were you made with dog's bones?' for dogs' bones were thought to be hard and unfeeling; or, 'You have a heart like a crocodile.' A fear of social ostracism was fostered all the time and expressed in the proverb: 'The bird eats in his own field.'

There were innumerable proverbs about willingness to co-operate in all the necessary tasks which fell to the young men, such as communal hoeing described in Chapter VII, or digging the grave at a funeral. 'The eyes for seeing,' 'One arm cannot crush a louse,' 'A river grows by its little streams,' 'The heifer grows by giving it more food'—these and many others were used to admonish those who held back and to encourage those who joined in willingly. Other proverbs warned against promises of help which were not kept. 'You will eat those of the axe but not those of the hoe' was said to someone who had counted on noisy assertions of forthcoming help, like the sounds made by the chopping of an axe, and not in quiet persistent help, like the smooth almost silent

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action of the hoe. 'They are our kin according to their eyes' was said as a reminder of misplaced trust in those who appeared to be helpful but were not really.

Readiness to take advice both from their age-mates and from older men was another quality held to be desirable in young men. Proverbs illustrating this were: 'He that refuses instruction will be surprised by blood,' and 'He remembers that he fell; he forgot that he was hurt.' As often with proverbs, there were others with a contrary emphasis which were sometimes used as a retort to the former ones, or in self-defence. 'The inheritance was eaten by those worthy of it' was intended as a rejoinder not to interfere in other people's affairs, when unwanted advice was offered. 'The body is felt by its owner' was sometimes said to encourage a man to stick to his own opinion. On the other hand a too abrupt rejoinder, especially to an older person, was regarded as discourteous, and onlookers said 'You cause the spittle to be dry' to express extreme disapproval.

Ngoni personality in a changing culture

The direction of the training of boys had been formerly towards military life, and towards the qualities which made effective fighting men, and emphasized loyalty to leaders and camaraderie in the regiments. This emphasis on military preparedness was however never the sole emphasis in Ngoni training, and hence when warfare came to an end, there remained traditional spheres of influence and activity which were an integral part of life in the Ngoni kingdoms, as well as new spheres of activity opened up by missions, the administration, the trading companies and the labour recruiters.

The traditional forms of activi[illegible]were found in Ngoni local government which included the [illegible]ef's administration and the courts of law; family and village affairs including the building up of herds and buying and selling cattle; and ritual life. The new kinds of activity included occupations such as teacher, minister, clerk, store assistant, houseboy,

The Fort Jameson Ngoni[3] are at this stage of transition. Many men and some women can read, if not write, and we can no longer call the tribe non-literate. Yet a society of this kind behaves in many ways as if it were non-literate. In particular, information about the past is transmitted orally and laws and customs are not committed to writing. In this paper I shall discuss some of the ways in which this information is manipulated. I shall distinguish between tales of fighting, relating to the period 1821–1898, which we may regard as tribal legends of origin; beliefs about customary behaviour relating to the same period; private legends which serve to explain the form of relations between present-day groups; and lastly history proper, documents describing contemporary events, if such exist.

Early travellers all speak of the various Ngoni groups as fierce warrior tribes interested only in destruction and plunder. With the spread of European control Ngoni raids ceased. Today in villages inhabited mainly by women and children, with scraggy animals and eroded gardens, the traveller looking for signs of a military tradition sees only khaki greatcoats and battle-dress. Among the Fort Jameson group, if not elsewhere, the great cowhide shields, and the regiments which carried them, have disappeared. Yet the battles of the past are still remembered and are called to mind in songs sung at drunken parties, in tales told to children and, importunately, to sympathetic strangers. Many of these songs are in the old Ngoni language now largely forgotten, and singers cannot give any precise meaning to the songs they sing. They are the relics of the past learnt parrot-fashion and in the context in which they are sung they do not require any specific reference. In our own culture we do not need to know who were the April rainers before we can sing "Green grow the rushes, O". Prose tales, however, are in ordinary speech and describe military exploits of people known to the speaker, or preparations for raiding ordered by the Paramount Chief and carried out by his lieutenants. The most frequently recounted battle of all is the fight between Ngoni and British troops in 1898. Many men and women are still alive who remember the fighting or even took part in it. The cataclysmic changes which followed the Ngoni defeat and the unusual weapons used combine to make the battle memorable. It is the only admitted defeat, for all other tales tell only of victory. The Ngoni defeated the Bemba, Wisa, Cewā, Kunda, and so on.

We know from contemporary travellers' accounts that though on the whole the Ngoni were successful against their neighbours, their run of successes was not unbroken. There is evidence that on occasion even the Cewa raided the Ngoni and took captives. We may regard the form taken by these legends as due in part to the process found in most cultures by which victories are remembered and defeats forgotten. But the distortion introduced is not only the elimination of defeat. The Administration and the Missions have,

3. I worked among these people during 1946–49 while on the staff of the Rhodes-Livingstone Institute.

8: Barnes E-5 (1946-1949) 1951 FR5 Ngoni FR5

181 that the defeat of 1898 is important. Although they claim to have conquered
186 all their African neighbours, Ngoni do not claim success over the British.
Instead, defeat at the hands of the British is cited in explanation of every
648 present-day failure and of every departure from traditional practice. Ngoni
186 say, "If we had not been defeated we would not have lost our land and we
would not now go hungry"; and "If we had not been defeated the tribes
would not have been mixed up and we could follow our customs properly",
[729] and so on. In the past, captives taken by the Ngoni were rapidly indoctrinated
with Ngoni ways and themselves became proud Ngoni; Ngoni complain
that now, although captured by Europeans, they never become Europeans.

● 538 The general legends of the past from which these notions are derived are
814 common knowledge. In the main they are passed on orally and are maintained by the teaching of tribal history in schools, the appeals to old military traditions, when recruiting for the Northern Rhodesia Regiment, the conversations of planters comparing one tribe with another as labourers, by the reports of administrators and by the writings of ethnologists.

643 The link between the Ngoni of today and their illustrious forebears is also
182 symbolized in the office of the Paramount Chief. He bears the name of his
[551] warrior great-grandfather, and the formal aspects of his relationship to his people are explained by reference to his ancestors' achievements. He cannot attend funerals or take part in some of his own marriage ceremonies because "he has already conquered all others"; he cannot be expected to walk through the bush with the District Officer because "he has already conquered the whole world". He basks in his great-grandfather's invincibility, for in this context the defeat of 1898 is forgotten. The relationship between the Paramount Chief and his eleven minor chiefs is partly determined by the distribution of power in different branches of the royal lineage before the European conquest, and the division of the country into these minor chiefdoms is a visible reminder of that distribution.

829 Associated with these tales of military exploits and royal power are myths
178 about former customs. Ngoni say that in the old days they used to hunt, or marry, or build villages, in a particular way and that now they do differently. Frequently when I asked what happened in such-and-such a situation I would be told what my informant thought would have happened before 1898 rather
[553] than what he had seen happen now. Thus if we ask what payments do Ngoni make in marriage we are told that there are two payments, "snuff-box" and bridewealth, consisting of one or more beasts. Further inquiry reveals that these payments are now made only infrequently and that the period referred to is before 1898. More detailed investigation suggests that in many pre-1898 marriages they were not made and that when they were made they did not always consist of beasts. Ngoni do not deny these facts but they do deny their relevance. To them the distinctively Ngoni way of marrying is with these two payments, and it is this process alone which merits the vernacular adjective—*cingoni*. They regret that people no longer marry in this way and

13:Fraser M-5 (ca. 1890) 1901
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their anger and propitiate them. Yet this recognition is not made in any degree of affection but in the times of dark necessity. When the rain has not fallen, when locusts swarm and eat up their crops, when sickness and death are abroad in the village, the spirits are working out their vengeance for being neglected. Then they are remembered and sacrifice is made. There are also certain ceremonial observances on important occasions. Before the gardens are hoed, and when the reaping time draws near; if an army is going out to battle, or when a coronation takes place, then prayer is made. The confusion of the old and new ideas was amusingly illustrated at the last coronation ceremony, when Mperembe, the eldest sub-chief, sacrificed a bull, and offering it to the spirit of the dead chief prayed him to bless the new chief, then added, "and, O Mombera, bless the teachers when they go about teaching the people the words of God." There was something very beautiful in this recognition of Christianity as but a fuller shining of the dim light they had.

Their old men are full of stories and traditions, some of them are uncommonly like the stories of Uncle Remus, and others with a curious echo of Old Testament story. There is a hill near Ekwendeni, where tradition says a great tower was built by the Tumbuka to reach into the moon. But the white ants ate away the foundation and the tower fell and the people were killed. I passed below this hill when I was on my way home, and chaffed my carriers on trying to build so great a tower with wood. They laughed, and said, "But do you know the story of the hill over there?" pointing to the north. No, I said, what is it? And they told me how that long ago the Tumbuka found the country too narrow, so they decided to climb into heaven and cultivate new gardens there. So they gathered the nation together and cut down all the trees, and began to build a huge tower on this hill. When they had got a great way up, some cried "Stop, we need build no more. Here is a ladder coming down out of heaven." And they looked up and saw great roots hanging down. So the people caught hold of these roots and began climbing hand over hand up to heaven. But suddenly while they were all climbing, the roots broke, and the nation fell to the earth and was snuffed out.

Like other children of nature there are men and women in the tribe who seem to have a wonderful gift of second sight. Forty years ago a regiment went out on a great raid. The witch doctor in blessing them told them that they would meet a white man